

Ranch Dip or Dressing

from Raw Power by Stephin Arlin

- 1 1/2 C cashews or macadamia nuts**
- 1/2 C water**
- 3 T fresh lemon juice**
- 1-2 cloves garlic**
- 1-2 tsp sea salt**
- 1/2 tsp dried dill (or 1 very small sprig fresh)**
- 1/2 tsp dried basil (or 2 leaves fresh)**
- 1 stalk celery**



Mix all ingredients in Vita-Mix or blender until smooth and creamy. Makes 2 cups. If making dressing, use an extra 1/2 to 1 cup of water.

Complements of Spirit Touch Living Light Center

<http://www.spiritouch.com>