

Raisin Fudge

You can also add 2 tablespoons of raw cocoa powder or raw carob powder to this recipe to give it a real chocolate flavor. In any case, it is sure to satisfy your sweet tooth.

Serves 6-8

Ingredients:

1 1/2 C walnuts

1 1/2 C sulphite-free raisins

1/4 C raw almond butter

dash of cinnamon

Preparation:

Combine all ingredients in a food processor and blend until smooth and balled up. Remove from bowl and shape into balls or squares. Alternatively you can shape into one large square and once refrigerated, cut into fudge pieces.



This recipe is from The Raw Table

Complements of Spirit Touch Living Light Center

<http://www.spiritouch.com>