

Portobello Sandwiches

from the Radstrom Family's recipes

Portobello mushroom heads (1 per person)

Nut butter (almond butter works well)

Tomato

Lettuce

Avocado

Onion



Spread nut butter on the underside of the mushroom head, about 1/4 inch thick works well. Slice the rest of the vegetables and layer on top. Eat like a sandwich!

Complements of Spirit Touch Living Light Center

<http://www.spiritouch.com>