

## Mock Halibut Salad

by Howard Fisher

- 1 cup of pine nuts soaked in water for 4-6 hours**
- 1 cup of macadamia nuts soaked in water for 4-6 hours**
- 1 cup chopped yellow onion**
- ½ cup chopped purple onion**
- 1 cup chopped celery**
- ½ cup fresh parsley**
- 2 Tablespoons dulse flakes**
- Sea salt to taste**



Drain the soaked nuts and place in the food processor. Process the nuts until they become pasty. Empty the nuts into another dish. Cut the vegetables into workable pieces for the processor and process until the pieces are small. Blend the processed veggies with the nut mixture by hand and chill for an hour. Serve with leaf wraps or dehydrated chips.

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