

Cranberry Almond Slaw

Sweet, tangy, and crunchy. It's all in there!

Serves 4

Ingredients:

- 1/4 of a green cabbage, chopped
- 1 C cilantro
- 1/2 red bell pepper, chopped
- 1 large carrot, chopped
- 1/4 C almonds
- 1/3 C dried cranberries
- Juice of 1 lime
- 2 T flax oil
- 2 T agave nectar
- 2 T red onion, minced
- 1 large avocado, cut into bite-sized pieces



Preparation:

Place all ingredients, except for the avocado, into a large food processor and pulse-chop until everything is cut up to desired size. Pour out into serving bowl and garnish with avocados.

This recipe is from The Raw Table

Complements of Spirit Touch Living Light Center

<http://www.spiritouch.com>